**PROJECT TITLE:** INTERCITY TRANSIT'S YOUTH EDUCATION PROGRAM-- "WALK N ROLL"  
*If the proposal is programmed in the STIP, please use the same title.*

**PROJECT SPONSOR**
- **Agency or Organization:** Intercity Transit
- **Contact Person:** Kerri Wilson
- **Phone Number:** 360.705.5855
- **Email Address:** kwilson@intercitytransit.com

**PROJECT CO-SPONSOR** (Leave blank if not applicable)
- **Agency or Organization:**
- **Contact Person:**
- **Phone Number:**
- **Email Address:**

**ELIGIBILITY** (check all that apply)
- Yes No
  - Project elements meet all regional eligibility requirements
  - Project elements and administration meet all federal eligibility requirements
  - Applicant can demonstrate ability to obligate funding as proposed

*Answering 'No' to any eligibility item above will disqualify the proposal.*

**STATUS OF EXISTING FEDERAL PROJECTS**
- Yes No
  - Does the applicant have any other federal funded projects underway?

*If yes to either, attach separate documentation describing status of each project including project name, funding source, year of award, progress to date, future obligation commitments and strategy for meeting those obligation commitments in addition to those associated with new project funding.*

**YEAR OF OBLIGATION** (Select the federal fiscal year the project will obligate) *

<table>
<thead>
<tr>
<th>Year</th>
<th>2020</th>
<th>2021</th>
<th>2022</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>X</td>
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**ADVANCE CONSTRUCTION** (Select if A/C is an option)
- 2019
- 2020
- 2021

*Applicants are expected obligate their project on time if the proposal is selected.*

**TYPE OF PROJECT** (Select one “Primary” and all “Secondary” types that apply)
- Safe Routes to School project or program
- Provision of facilities for pedestrians and/or bicycles
- Preservation and/or conversion of abandoned railway corridors for bike/pedestrian trails
- Construction of turnouts, overlooks, and viewing areas
- Recreational Trails Program (Section 206 of title 23)
- Inventory, control and removal of outdoor advertising
- Preservation & rehabilitation of historic transportation buildings, structures, facilities
- Vegetation management in ROW to control invasive species or control erosion
- Archaeological activities related to impacts from transportation projects
- Environmental mitigation to address stormwater associated with highway runoff
- Environmental mitigation to reduce wildlife mortality or improve habitat connectivity

- Primary
- Secondary
**PROJECT OVERVIEW**

*Brief description (~150 words) of proposal identifying problem or need, how the proposal will address it, and anticipated benefits. This is a high-level summary suitable for reports and on-line descriptions. Detailed project information is provided on pages 4 and 5.*

The Walk N Roll program is the cornerstone of Intercity Transit's Youth Education program that reduces drive-alone trips to school and builds the next generation of safe and healthy pedestrians, bike riders, and transit users.

Many students may not learn about transportation options in school, at home, or in their community. Walk N Roll seeks to change that by showing young people the many options that exist to successfully get around by walking, biking, and using transit. Walk N Roll seeks and succeeds in showing students that active transportation can be easy, accessible for everyone, and fun.

This established, school-focused public education and outreach program helps students and families to access their schools and community through active transportation choices, and positively influences air quality in our region, neighborhoods, and around public schools by reducing congestion and idling on the trip to school and home.

The Walk N Roll program consistently emphasizes the benefits of biking, walking, and transit use for students especially. When more students walk and bike to school, more families and community members are encouraged to walk and bike with them. This leads to many community benefits, including incorporating regular exercise into our daily lives, creating stronger and safer communities, and most importantly, creating healthy transportation habits and choices for students and families.

**SUPPORT FOR RECOGNIZED REGIONAL INITIATIVES**

*Identify ways in which the proposed project supports the goals and policies of the Regional Transportation Plan, implementation of Sustainable Thurston transportation initiatives, or other regional initiatives. Examples of other initiatives include, but are not limited to, The Thurston Regional Trails Plan, Urban Corridor Communities and associated District Plans, Healthy Kids Safe Streets Action Plan, South Thurston Economic Development Initiative, Thurston Thrives, Walk and Roll, Commute Trip Reduction, I-5 Action Plan, Bountiful Byways, Smart Corridors, and the Human Services Coordinated Transportation Plan.*

Walk N Roll is identified by several regional plans as a key transportation strategy. The Walk N Roll program supports and implements many goals and policies in the 2040 Regional Transportation Plan—What Moves You including:

1. Transportation Relationships –
   2.) Multimodal transportation System “… reduces the overall need to drive and encourage transit, walking and cycling choices” (Chapter 3, pg. 85)
   3) Barrier-Free Transportation – “Ensure transportation system investments support the special travel needs of youth, elders, people with disabilities…” (Chapter 3, pg. 85)

3. Public Transportation—Policy 10.f – Increase awareness of public transportation options and how to use them through expanded educational and public information tailored to various groups and interests. (Chapter 3, pg. 110)

11) Bicycling—Policy 11.f Support education programs for motorists and bicyclists to increase understanding of bicycle laws, and encourage safe and lawful sharing of the road. (Chapter 3, pg.112)

Walk N Roll is modeled as a Safe Routes to School program, and is a key part of our community’s strategy to improve, leverage, and support the use of the built environment for improved air quality, daily physical activity, and increased rates of biking, walking, and transit use.

This Community Design strategy is part of the Thurston Thrives initiative and is recognized in the Schools and Transportation chapter of the Sustainable Thurston plan.
### PROJECT LOCATION AND DETAILS – applicants may submit a map of the project or program/service area

<table>
<thead>
<tr>
<th>Construction Projects</th>
<th>Program Location: N/A</th>
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<tr>
<td></td>
<td>Length/Size of Construction Project: N/A</td>
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<tr>
<td>Programs/Services</td>
<td>Delivery Area: Tumwater, North Thurston and Olympia School Districts</td>
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<tr>
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<td>Duration of Program/Service: School year 2021-2022 and 2022-2023 (Sept-May)</td>
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### PROJECT PHASING AND COSTS - Identify project phases and costs

<table>
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<th>Phase</th>
<th>Cost</th>
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<td>Right-of-Way</td>
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<td>Construction</td>
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<table>
<thead>
<tr>
<th>Phase</th>
<th>Cost</th>
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</thead>
<tbody>
<tr>
<td>Studies or Program Costs</td>
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<tr>
<td>Other Costs</td>
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**Total Project Cost** (Sum of all project phase costs identified above): $0.00

### TAP FUNDING REQUEST AND MATCHING REVENUES

*Applicants must provide a minimum of 13.5% non-federal share to federal share. Federal share cannot exceed 86.5% of total project cost.*

- **Federal TAP Funds**: $86,500
- **Total Project Cost**: $100,000
- **Non-federal share**: $13,500

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<td>Total Project/Phase Revenue</td>
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</table>
**Project Title:**

**PROJECT DESCRIPTION & SIGNIFICANCE (2 PAGES MAX, 10 POINT FONT MINIMUM)**

Using the space provided below, please address the following in your narrative: Describe the proposed project and why it is a regional funding priority, paying attention to benefits the proposal will deliver. Consider all modes of travel in your description. Identify any collaboration or partnership with other entities with a vested interest in this project. Note whether this project leverages previous work, such as an implementation phase of a previous study or design phase, or whether it completes or lays the groundwork for subsequent implementation phases. Describe any efforts that will help ensure this project can meet its obligation commitments.

Intercity Transit is seeking grant funding to support the Youth Education and outreach programs that operate under the program title of Walk N Roll through two school years-- 2021-2022 and 2022-2023 (Sept- May).

Walk N Roll educates and encourages youth and families through a number of programs to access their community by biking, walking, and using transit. These programs include:

- Teaching Earn-A-Bike classes.
- Administering the Pace Car Pledge program.
- Planning and promoting monthly Walk to School days.
- Planning and promoting School Mini Bicycle Commuter Challenge.
- Providing transit field trips and rolling classrooms.
- Operating a bike shop in support of Earn-A-Bike classes where volunteer youth and adults can refurbish bicycles for others.
- Supporting Bikes in PE at Tumwater School District and North Thurston Public Schools.

Elementary and middle school administrators and teachers are eager to participate in the nationally recognized Walk N Roll program to increase awareness and use of healthy, active forms of transportation and to reduce congestion, idling, and collisions on the trip to school. Walk N Roll has developed a model program over the past nine years. Our partners in the school districts, the Cities, and other local agencies are interested in expanding and developing Walk N Roll as a strategy to reach regionally significant transportation goals.

Walk N Roll reaches thousands of families every year across the Lacey-Olympia-Tumwater urbanized area by working directly with schools. Safe Routes to School programs like Walk N Roll participate actively in public outreach and education to effect a reduction of vehicle miles traveled and to increase the overall transportation system operating capacity. Air quality is improved for everyone when students and families choose to walk, bike, or take the bus rather than drive or get driven to school. Safe Routes to School programs like Walk N Roll have also been shown to improve indoor air quality by reducing the number of cars idling in the school drop off zone.

Consider the following:

- Between 2011-2015, there were 150 crashes in Thurston County that involved pedestrians or bicyclists ages 5-18. Twenty-two of those crashes resulted in serious injuries. (WSDOT Local Programs)
- As much as 20%-30% of morning traffic is generated by parents driving their children to schools. (Source: US Environmental Protection Agency – 2003)
- 40% to 55% of students living within ½ mile of school are being driven. (Source: National Center for Safe Routes to School)
- Half of children struck by cars near schools are hit by parents driving other children to school. (Source: National Highway Traffic Safety Administration – 2003)

Grant funding is necessary to maintain and expand this important program that supports a significant number of outreach and educational activities throughout the Olympia, Tumwater and North Thurston schools.

Beginning in Fall 2018, Walk N Roll’s capacity to reach more students and schools will increase with the potential addition of an Americorp member. The person in this position will expand Walk N Roll’s potential to reach more students by providing additional staff time to attend the many events and “boots on the ground” style of work that makes a program like this successful.
## PROJECT DESCRIPTION & SIGNIFICANCE (continued)

Though an additional 32 hours of staff time will be provided by the Americorp member, Walk N Roll will not have a significant increase in salary due to the payroll structure of the Americorp program. The member will be paid directly through Community Youth Services with only a small amount ($8250) provided by Intercity Transit. This strategy will successfully allow us to "do more with less" by reaching more students and schools without a significant increase in staffing costs.

With the additional 2 years of program support and Americorp staffing, Walk N Roll will look toward developing new relationships with partnering schools. Walk N Roll will work closely with TRPC to develop school walking route maps for neighborhoods near participating schools as an opportunity to further the "next steps" of the Healthy Kids - Safe Streets Action Plan.

This additional year of funding will pay for just over 50% of the overall Youth Education program costs operated by Intercity Transit and would allow our youth education staff to leverage and continue development and expansion of these critical programs, while continuing the fostering of significant volunteer assistance and supporting actions through the Youth Education Programs at Intercity Transit.

Seeking to create the next generation of walkers, bike riders and transit users can seem like a tall order to fill. However, once you see student's eyes light up as they change a flat tire on their own, help adjust a friend's helmet so it fits better, or make a left turn in traffic on their bike using hand signals and communicating with the road users around them, it's apparent to see that this work is necessary and significant. An Earn-a-Bike student summed it up like this: "We met after school and had snacks before we got started. We learned so much. Now when I break down by the road, I know what to do and with the pack of tools they gave me, I can fix it myself without having to call my mom."

(Source: http://www.thurstontalk.com/2016/02/10/earnabikeintercitytransit/)

That's the next generation speaking and Walk N Roll is thrilled to be a part of that potential transformation of students who are more excited to get their first bike with gears instead of their first car, or the high school student who is familiar with all the bus routes that get her to school and work, or the elementary student who insists that his parent walks him to school every morning because "everyone else is doing it."
Project Verification and Endorsement
This project proposal reflects established local funding priorities consistent with the Regional Transportation Plan. Costs represent accurate planning level estimates needed to accomplish the work described herein. The project described is financially feasible, and local match revenue identified above is available and will be committed to the project if TRPC awards the requested TAP grant. If selected, the project shall obligate by the date specified on the award letter. Failure to do so will result in loss of funding for the project and an alternate project will be funded instead. I realize that the use of federal funds for this project entails administrative and project compliance requirements over which TRPC has no control, and for which this agency or organization will be responsible. This project has the full endorsement of the governing body/leadership of this agency or organization.

Authorization

<table>
<thead>
<tr>
<th>Name of Representative Authorized to Submit Application</th>
<th>Title</th>
<th>Signature</th>
<th>Date</th>
</tr>
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<tbody>
<tr>
<td>Ann Freeman-Manzanores</td>
<td></td>
<td></td>
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Co-Authorization

<table>
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<th>Title</th>
<th>Signature</th>
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<tr>
<td></td>
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<td>04/27/2018</td>
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</tbody>
</table>
April 9, 2018

Thurston Regional Planning Council
2424-A Heritage Court SW
Olympia, Washington 98502

Dear Thurston County Regional Planning Council,

I am writing this letter of support for Intercity Transit’s request for grant funding related to the youth education program, Walk N Roll. Intercity Transit is seeking funding for fiscal years 2021 and 2022. The Walk N Roll program has many benefits to our students, families, and community. Below is a list of some of the ways the program supports Olympia public schools:

- Beginning in Spring 2018, at least 60 students at Jefferson Middle School will learn how to safely ride and maintain bicycles during after-school Earn-A-Bike classes. After eight hours of on-bike and classroom instruction, students will have earned their own bike along with a helmet, light, and tools to keep the bike in working order.

- Coordinates and supplies prizes and staffing for monthly Walk to School Days at Pioneer, Garfield, Hansen, and Centennial Elementary Schools.

- Provides prizes and promotional materials to encourage students at Pioneer, Hansen, Centennial Elementary Schools and Marshal Middle School to participate in National Bike to School Day and the School Bike Challenge.

- Presents on active transportation and provides field trips to Intercity Transit’s facility to 200+ Olympia School District students.

The Walk N Roll program has been a valuable part of our community for over nine years. The Six E’s of Safe Routes to School are education, encouragement, enforcement, engineering, evaluation, and equity. Walk N Roll addresses the education and encouragement pieces that are so important and necessary. Their various programs are very well received, whether bike, walk, or transit focused. Please consider funding this valuable resource.

If you need further information, or have questions, please contact me by phone at 360-596-6117, or by email at pmurphy@osd.wednet.edu.

Sincerely,

Patrick C. Murphy, Ed. D.
Superintendent

"Creating opportunities and shaping success for all students"

Photos 3 and 4: Earn-A-Bike students at Nisqually MS, Fall 2017.
Regionally selected projects underway:

a. 2017 CMAQ – Walk N’ Roll $95,000 FFY 2018 - obligated
b. 2017 CMAQ – Smart Corridors Phase II – $387,500 FFY 2018 – obligated
e. 2016 (TRPC) TAP – “Youth Education – Walk-N-Roll” obligated (TrAMS WA-2017-060-00) $145,000
g. 2017 (TRPC) – CMAQ: Bus Stop Enhancements $63,050 – Obligated 6/2017 - Construction will be completed in 2018.
h. 2011 Regional STP Project: Olympia Transit Center Facility Expansion - Construction Federal Amount: $1,252,490, FTA Project # WA-95-X054 (TrAMS). GCCM - awarded to DES for CM services and support 8/17.

State selected & federally funded projects underway:

a. WSDOT Regional Mobility Grant 2017-2019: Operating Grants. Funds (State -$993,320) for regional express bus service between Olympia– Tacoma – Service initiated 7/1/17
b. WSDOT – Consolidated Grant 2017-2019– Paratransit Special Needs Operating Grant ($1,762,790)
c. WSDOT Regional Mobility Grant 2017-2019 – State – Pattison MOA design ($2,000,000)
d. WSDOT Regional Mobility Grant 2019-2021 –Pattison MOA – Vanpool Service Center construction ($3,900,000 – notice of award, pending 2019-2021 budget)
e. WSDOT – DASH operating support 2017-2019 (750,000 for two years)

Projects receiving other Federal funding underway:

a. WA-04-0038-01: Olympia Transit Facility: $2,575,500, GCCM - awarded to DES for CM services and support 8/18.
b. WA-95-X071 – CMAQ: Thurston Smart Corridors Project, $805,820 obligated (WA 95-X071-00 –TrAMS) (In progress)

Note: Summary does not include grant applications pending review and notification; or, formula funds distributed to Intercity Transit and obligated through direct application via the Federal Transportation Award Management System (TrAMS) including 5307 direct and PSRC Earned Share formula distributions, or those State formula distributions (noncompetitive) awards and contracts.